

May 2018



Message from Chef Julie

Best of luck to the
Nardin Academy High
School Class of 2018!
As requested, we will be
serving Bi Bim Bap on your
last day at Nardin!

Follow Chef Julie on
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| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|---|
| | Breakfast: Choc. Muffins, Breakfast Pizza 1 Lunch: Pizza with Caesar Salad and Orange Wedges (E, V) Homemade Soup Salad/Sandwich Bar (V*) | Breakfast: Bagels, Scrambled Eggs, Bacon 2 Lunch: Chicken Fingers w/ Mashed Potatoes & Roasted Carrots (E) Homemade Soup (V) Salad/Sandwich Bar (V*) | Breakfast: Choc. Muffins, Breakfast Pizza 3 Lunch: Bi Bim Bap Mix It Up Jasmine Rice Bowl Bar!! (E, V*) Homemade Soup Salad/Sandwich Bar (V*) | Breakfast: Bagels, Scrambled Eggs, Bacon 4 Lunch: Breakfast for Lunch! French Toast with Bacon, Local Maple and Fruit Smoothies (E, V) Homemade Soup Salad/Sandwich Bar (V) |
| Breakfast: Bagels, Scrambled Eggs, Bacon 7 Lunch: Cheese Ravioli with Pesto, Garlic Bread and Green Beans (E,V) Homemade Soup Salad/Sandwich Bar (V*) | Breakfast: Choc. Muffins, Breakfast Pizza 8 Lunch: Turkey Burgers w/ Roasted Sweet Potato Wedges, Broccoli, & Ranch (E) Homemade Soup Salad/Sandwich Bar (V*) | Breakfast: Bagels, Scrambled Eggs, Bacon 9 Lunch: Sub Bar!! (E) Homemade Soup (V) Salad/Sandwich Bar (V*) | Breakfast: Choc. Muffins, Breakfast Pizza 10 Lunch: Souvlaki Chicken with Greek Salad and Whole Wheat Pita (E, V*) Homemade Soup (V) Salad/Sandwich Bar (V*) | Breakfast: Bagels, Scrambled Eggs, Bacon 11 Lunch: Sloppy Joes w/ Orange Wedges & French Fries (E) Homemade Soup (V) Salad/Sandwich Bar (V) (E, V) |
| Breakfast: Bagels, Scrambled Eggs, Bacon 14 Lunch: Macaroni and Cheese with Broccoli and Orange Wedges (E, V*) Homemade Soup Salad/Sandwich Bar (V*) | Breakfast: Choc. Muffins, Breakfast Pizza 15 Lunch: Buffalo Chicken Salad (E) Homemade Soup (V) Salad/Sandwich Bar (V*) | Breakfast: Bagels, Scrambled Eggs, Bacon 16 Lunch: Taco Bar!! (E, V*) Homemade Soup Salad/Sandwich Bar (V*) | Breakfast: Choc. Muffins, Breakfast Pizza 17 Lunch: Fried Rice with Broccoli (E, V) Homemade Soup Salad/Sandwich Bar (V) | Breakfast: Bagels, Scrambled Eggs, Bacon 18 Lunch: Pizza with Caesar Salad and Orange Wedges (E, V) Homemade Soup Salad/Sandwich Bar (V*) |
| Breakfast: Bagels, Scrambled Eggs, Bacon 21 Lunch: Grilled First Light Farm Cheese Sandwich w/Homemade Tomato Soup and Apples (E, V) Homemade Soup Salad/Sandwich Bar (V*) | Breakfast: Choc. Muffins, Breakfast Pizza 22 Lunch: Hamburger, Cheeseburger or Vegan Burger w/ French Fries and Slaw (E, V*) Homemade Soup (V) Salad/Sandwich Bar (V*) | Breakfast: Bagels, Scrambled Eggs, Bacon 23 Lunch: Pasta Bar!! (E, V) w/Caesar Salad Homemade Soup Salad/Sandwich Bar (V*) | Breakfast: Choc. Muffins, Breakfast Pizza 24 Lunch: Grilled Chicken w/ Potato Salad (E) Homemade Soup Salad/Sandwich Bar (V*) | NO SCHOOL Memorial Day Weekend 25 |
| NO SCHOOL Memorial Day Weekend 28 | Breakfast: Choc. Muffins, Breakfast Pizza 29 Lunch: Stuffed Baked Potato with Chili, Broccoli and Cheddar (E, V*) Homemade Soup (V) Salad/Sandwich Bar (V*) | Breakfast: Bagels, Scrambled Eggs, Bacon 30 Lunch: Bi Bim Bap Mix It Up Jasmine Rice Bowl Bar!! (E, V*) Homemade Soup Salad/Sandwich Bar (V*) | Breakfast: Choc. Muffins, Breakfast Pizza 31 Lunch: Cheese Ravioli with Pesto, Garlic Bread and Green Beans (E,V) Homemade Soup Salad/Sandwich Bar (V*) | |

E=Main Entrée (incl. milk or water)
V=Vegetarian Option
V*=Vegan Option

All menu items available a la carte.
Available Daily: Fruit, milk/filtered water, chips, cookies, ice cream (gr. 5-12)
Tues.: Cookies (1-4 gr.)
Tues. & Thurs.: French Fries (HS only)
Thurs.: French Fries (gr. 5-8)
Fri.: Ice cream (1-4 gr.)