

March 2018



Message from Chef Julie

Monday	Tuesday	Wednesday	Thursday	Friday
			Breakfast: Choc. Muffins, Breakfast Pizza 1 Lunch: Pizza with Caesar Salad and Orange Wedges (E, V) Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: Bagels, Scrambled Eggs 2 Lunch: Icelandic Haddock Fish Fry with Slaw and Macaroni Salad (E, V) Homemade Soup (V) Salad/Sandwich Bar (V*)
Breakfast: Bagels, Scrambled Eggs, Bacon 5 Lunch: Stuffed Baked Potato with Chili, Broccoli and Cheddar (E, V*) Homemade Soup (V) Salad/Sandwich Bar (V*)	Breakfast: Choc. Muffins, Breakfast Pizza 6 Lunch: Buffalo Chicken Salad (E) - See side bar for details! Homemade Soup (V) Salad/Sandwich Bar (V*)	Breakfast: Bagels, Scrambled Eggs, Bacon 7 Lunch: Sub Bar!! (E) Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: Choc. Muffins, Breakfast Pizza 8 Lunch: Hamburger, Cheeseburger or Vegan Burger w/ French Fries and Slaw (E, V*) Homemade Soup (V) Salad/Sandwich Bar (V*)	Breakfast: Bagels, Scrambled Eggs 9 Lunch: Icelandic Haddock Fish Fry with Slaw and Macaroni Salad (E, V) Homemade Soup (V) Salad/Sandwich Bar (V*)
Breakfast: Bagels, Scrambled Eggs, Bacon 12 Lunch: Cheese Ravioli with Pesto, Garlic Bread and Green Beans (E,V) Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: Choc. Muffins, Breakfast Pizza 13 Lunch: Chicken Fingers w/Mashed Potatoes & Roasted Carrots (E) Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: Bagels, Scrambled Eggs, Bacon 14 Lunch: Taco Bar!! (E, V*) Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: Choc. Muffins, Breakfast Pizza 15 Lunch: Souvlaki Chicken with Greek Salad and Whole Wheat Pita (E, V*) Homemade Soup (V) Salad/Sandwich Bar (V*)	Breakfast: Bagels, Scrambled Eggs 16 Lunch: Icelandic Haddock Fish Fry with Slaw and Macaroni Salad (E, V) Homemade Soup (V) Salad/Sandwich Bar (V*)
Breakfast: Bagels, Scrambled Eggs, Bacon 19 Lunch: Grilled First Light Farm Cheese Sandwich w/Homemade Tomato Soup and Salad (E, V) Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: Choc. Muffins, Breakfast Pizza 20 Lunch: Macaroni and Cheese with Broccoli and Orange Wedges (E, V*) Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: Bagels, Scrambled Eggs, Bacon 21 Lunch: Pasta Bar!! (E, V) w/Caesar Salad Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: Choc. Muffins, Breakfast Pizza 22 Lunch: Pizza with Caesar Salad and Orange Wedges (E, V) Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: Bagels, Scrambled Eggs 23 Lunch: Icelandic Haddock Fish Fry with Slaw and Macaroni Salad (E, V) Homemade Soup (V) Salad/Sandwich Bar (V*)
Breakfast: Bagels, Scrambled Eggs, Bacon 26 Lunch: Stuffed Baked Potato with Chili, Broccoli and Cheddar (E, V*) Homemade Soup (V) Salad/Sandwich Bar (V*)	Breakfast: Choc. Muffins, Breakfast Pizza 27 Lunch: Chicken Pot Pie w/ Green Salad (E) Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: Bagels, Scrambled Eggs, Bacon 28 Lunch: Bi Bim Bap Mix It Up Jasmine Rice Bowl Bar!! (E, V*) Homemade Soup Salad/Sandwich Bar (V*)	NO SCHOOL Easter Break 29	NO SCHOOL Easter Break 30

In response to the Community Survey conducted in the High School, the dining hall is sampling a Buffalo Chicken Salad as a new menu item.

*This salad features:
Buffalo style braised chicken thighs on a chopped romaine, carrots, and celery with a housemade blue cheese dressing.
Thanks for all the responses to the survey!*

Follow Chef Julie on
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E=Main Entrée (incl. milk or water)
V=Vegetarian Option
V*=Vegan Option

All menu items available a la carte.
Available Daily: Fruit, milk/filtered water, chips, cookies, ice cream (gr. 5-12)
Tues.: Cookies (1-4 gr.)
Tues. & Thurs.: French Fries (HS only)
Thurs.: French Fries (gr. 5-8)
Fri.: Ice cream (1-4 gr.)