

# February 2018



## Message from Chef Julie

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>Breakfast:</b> <i>Choc. Muffins, Breakfast Pizza</i> <b>1</b> <b>Lunch:</b> <b>BREAKFAST FOR LUNCH French Toast, Bacon &amp; Fruit Salad (E, V)</b> Homemade Soup (V) Salad/Sandwich Bar (V*)	<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>2</b> <b>Lunch:</b> <b>Enchilada Casserole w/ Spanish Rice, Beans, and Green Salad (E)</b> Homemade Soup (V) Salad/Sandwich Bar (V*)
<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>5</b> <b>Lunch:</b> <b>Cheese Ravioli with Pesto, Garlic Bread and Green Beans (E, V)</b> Homemade Soup Salad/Sandwich Bar (V*)	<b>Breakfast:</b> <i>Choc. Muffins, Breakfast Pizza</i> <b>6</b> <b>Lunch:</b> <b>Chicken Pot Pie with Green Salad (E)</b> Homemade Soup Salad/Sandwich Bar (V*)	<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>7</b> <b>Lunch:</b> <b>Taco Day!! (E, V*)</b> Homemade Soup Salad/Sandwich Bar (V*)	<b>Breakfast:</b> <i>Choc. Muffins, Breakfast Pizza</i> <b>8</b> <b>Lunch:</b> <b>Souvlaki Chicken with Greek Salad and Whole Wheat Pita (E, V*)</b> Homemade Soup (V) Salad/Sandwich Bar (V*)	<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>9</b> <b>Lunch:</b> <b>Pizza, Caesar Salad &amp; Orange Wedges (E, V)</b> Homemade Soup Salad/Sandwich Bar (V*)
<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>12</b> <b>Lunch:</b> <b>Chicken Fingers w/ Mashed Potatoes &amp; Roasted Carrots (E)</b> Homemade Soup Salad/Sandwich Bar (V*)	<b>Breakfast:</b> <i>Choc. Muffins, Breakfast Pizza</i> <b>13</b> <b>Lunch:</b> <b>Winter Cook Out!! Sahlen's Hot Dogs, Macaroni Salad, and Apples (E)</b> Homemade Soup Salad/Sandwich Bar (V*)	<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>14</b> <b>Lunch:</b> <b>Stuffed Baked Potato with Bean Chili, Broccoli and Cheddar (E, V*)</b> Homemade Soup (V) Salad/Sandwich Bar (V*)	<b>Breakfast:</b> <i>Choc. Muffins, Breakfast Pizza</i> <b>15</b> <b>Lunch:</b> <b>Hamburger, Cheeseburger or Vegan Burger w/French Fries and Slaw (E, V*)</b> Homemade Soup (V) Salad/Sandwich Bar (V*)	<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>16</b> <b>Lunch:</b> <b>Macaroni and Cheese with Broccoli and Orange Wedges (E, V*)</b> Homemade Soup (V) Salad/Sandwich Bar (V*)
<b>NO SCHOOL February Break</b> <b>19</b>	<b>NO SCHOOL February Break</b> <b>20</b>	<b>NO SCHOOL February Break</b> <b>21</b>	<b>NO SCHOOL February Break</b> <b>22</b>	<b>NO SCHOOL February Break</b> <b>23</b>
<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>26</b> <b>Lunch:</b> <b>First Light Farms Grilled Cheese, Tomato Soup, and Apple Slices (E, V)</b> Homemade Soup Salad/Sandwich Bar (V*)	<b>Breakfast:</b> <i>Choc. Muffins, Breakfast Pizza</i> <b>27</b> <b>Lunch:</b> <b>Italian Sausage Stew, Green Beans &amp; Focaccia Bread (E)</b> Homemade Soup (V) Salad/Sandwich Bar (V*)	<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>28</b> <b>Lunch:</b> <b>Bi Bim Bap Jasmine Rice Bowl Day!! (E, V*)</b> Homemade Soup Salad/Sandwich Bar (V*)		

Nardin's meals include locally raised, grass fed beef provided by Stand Fast Farm in Dunkirk, NY.

*This sustainable beef is also available to the community and can be purchased at the Lexington Co-Op or ordered at [www.standfastbeef.com](http://www.standfastbeef.com).*

Follow Chef Julie on Twitter! @jewely\_j

E=Main Entrée (incl. milk or water)  
 V=Vegetarian Option  
 V\*=Vegan Option

**All menu items available a la carte.**  
**Available Daily:** Fruit, milk/filtered water, chips, cookies, ice cream (gr. 5-12)  
**Tues.:** Cookies (1-4 gr.)  
**Tues. & Thurs.:** French Fries (HS only)  
**Thurs.:** French Fries (gr. 5-8)  
**Fri.:** Ice cream (1-4 gr.)