

May 2019



Message from Chef Julie

Elementary students are taking care of the environment by cleaning up after their lunches in a new way! Students are using Norwex EnviroCloths which don't require harsh chemicals and are washable and reusable. This change will reduce landfill waste, eliminate chemicals in waterways, and reduce harsher cleaning agents used in the dining hall.

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E=Main Entrée (incl. milk or water)
V=Vegetarian Option
V*=Vegan Option

All menu items available a la carte.
Available Daily: Fruit, milk/filtered water, chips, cookies, ice cream (gr. 5-12)
Tues.: Cookies (1-4 gr.)
Tues. & Thurs.: French Fries (HS only)
Thurs.: French Fries (gr. 5-8)
Fri.: Ice cream (1-4 gr.)

Monday	Tuesday	Wednesday	Thursday	Friday
		Breakfast: Bagels, Scrambled Eggs, Bacon 1 Lunch: Taco Day!! (E, V*) Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: Choc. Muffins, Breakfast Pizza 2 Lunch: Cheese Ravioli with Pesto, Garlic Bread and Green Beans (E,V) Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: Bagels, Scrambled Eggs, Bacon 3 Lunch: Fried Rice and Broccoli (E, V) Homemade Soup (V) Salad/Sandwich Bar (V*)
Breakfast: Bagels, Scrambled Eggs, Bacon 6 Lunch: First Light Farm Jack Cheese Quesadilla, Spanish Rice, Salsa, & Greens (E, V) Homemade Soup Salad/Sandwich Bar (V)	Breakfast: Choc. Muffins, Breakfast Pizza 7 Lunch: Greek Souvlaki Chicken, Greek Salad, and Whole Wheat Pita (E, V) Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: Bagels, Scrambled Eggs, Bacon 8 Lunch: Pasta Day!! (E, V*) w/Caesar Salad Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: Choc. Muffins, Breakfast Pizza 9 Lunch: Hamburger, Cheeseburger or Vegan Burger w/ French Fries and Slaw (E, V*) Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: Bagels, Scrambled Eggs, Bacon 10 Lunch: Breakfast for Lunch! French Toast with Bacon, Local Maple and Fruit Smoothies (E, V) Homemade Soup Salad/Sandwich Bar (V*)
Breakfast: Bagels, Scrambled Eggs, Bacon 13 Lunch: Macaroni and Cheese with Broccoli and Local Apples (E, V) Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: Choc. Muffins, Breakfast Pizza 14 Lunch: Chicken Fingers w/ Mashed Potatoes & Roasted Carrots (E) Homemade Soup (V) Salad/Sandwich Bar (V*)	Breakfast: Bagels, Scrambled Eggs, Bacon 15 Lunch: Sub Day!! (E) Homemade Soup (V) Salad/Sandwich Bar (V*)	Breakfast: Choc. Muffins, Breakfast Pizza 16 Lunch: Black Bean Burrito w/ Rice and Corn Salsa (E, V*) Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: Bagels, Scrambled Eggs, Bacon 17 Lunch: Fried Rice and Broccoli (E, V) Homemade Soup (V) Salad/Sandwich Bar (V*)
Breakfast: Bagels, Scrambled Eggs, Bacon 20 Lunch: Stuffed Baked Potato with Turkey Chili, Broccoli and Cheddar (E, V*) Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: Choc. Muffins, Breakfast Pizza 21 Lunch: Pizza with Caesar Salad and Orange Wedges (E, V) Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: Bagels, Scrambled Eggs, Bacon 22 Lunch: Bi Bim Bap Mix It Up Jasmine Rice Bowl Bar!! (E, V*) Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: Choc. Muffins, Breakfast Pizza 23 Lunch: Cheese Ravioli with Pesto, Garlic Bread and Green Beans (E,V) Homemade Soup Salad/Sandwich Bar (V*)	No School Memorial Day Weekend 24
No School Memorial Day Weekend 27	Breakfast: Choc. Muffins, Breakfast Pizza 28 Lunch: Breakfast for Lunch! French Toast with Bacon, Local Maple and Fruit Smoothies (E, V) Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: Bagels, Scrambled Eggs, Bacon 29 Lunch: Taco Day!! (E, V*) Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: Choc. Muffins, Breakfast Pizza 30 Lunch: Hamburger, Cheeseburger or Vegan Burger w/ French Fries and Slaw (E, V*) Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: Bagels, Scrambled Eggs, Bacon 31 Lunch: HS Picnic & Elementary Field/Retreat Day