

# January 2019



## Message from Chef Julie

Happy New Year!

Follow Chef Julie on  
Twitter! @jewelry\_j

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>No School</b> <b>Happy New Year!</b> <b>1</b>	<b>No School</b> <b>2</b>	<b>Breakfast:</b> <i>Choc. Muffins, Breakfast Pizza</i> <b>3</b>  <b>Lunch:</b> <i>Hamburger, Cheeseburger, or Veggie Burger, Fries, Pickle, and Slaw (E, V*)</i> Homemade Soup Salad/Sandwich Bar (V*)	<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>4</b>  <b>Lunch:</b> <i>Cheese Ravioli with Pesto, Garlic Bread and Green Beans (E,V)</i> Homemade Soup Salad/Sandwich Bar (V*)
<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>7</b>  <b>Lunch:</b> <i>Mac &amp; Cheese, Roasted Carrots, Local Apples (E, V)</i> Homemade Soup (V) Salad/Sandwich Bar (V*)	<b>Breakfast:</b> <i>Choc. Muffins, Breakfast Pizza</i> <b>8</b>  <b>Lunch:</b> <i>Pizza with Caesar Salad and Cucumber Sticks (E, V)</i> Homemade Soup (V) Salad/Sandwich Bar (V*)	<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>9</b>  <b>Lunch:</b> <i>Bi Bim Bap Mix It Up Jasmine Rice Bowl Bar!! (E, V*)</i> Homemade Soup (V) Salad/Sandwich Bar (V*)	<b>Breakfast:</b> <i>Choc. Muffins, Breakfast Pizza</i> <b>10</b>  <b>Lunch:</b> <i>Fried Rice and Broccoli (E, V)</i> Homemade Soup (V) Salad/Sandwich Bar (V*)	<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>11</b>  <b>Lunch:</b> <i>Chicken Fingers w/Mashed Potatoes &amp; Roasted Carrots (E)</i> Homemade Soup (V) Salad/Sandwich Bar (V*)
<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>14</b>  <b>Lunch:</b> <i>Stuffed Baked Potato with Turkey Chili, Broccoli and Cheddar (E, V*)</i> Homemade Soup (V) Salad/Sandwich Bar (V*)	<b>Breakfast:</b> <i>Choc. Muffins, Breakfast Pizza</i> <b>15</b>  <b>Lunch:</b> <i>Beef Stew, Green Salad, and Homemade Focaccia (E)</i> Homemade Soup (V) Salad/Sandwich Bar (V*)	<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>16</b>  <b>Lunch:</b> <i>Sub Day!! (E)</i> Homemade Soup (V) Salad/Sandwich Bar (V*)	<b>Breakfast:</b> <i>Choc. Muffins, Breakfast Pizza</i> <b>17</b>  <b>Lunch:</b> <i>Breakfast for Lunch! French Toast with Bacon, Local Maple and Fruit Smoothies (E, V)</i> Homemade Soup Salad/Sandwich Bar (V*)	<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>18</b>  <b>Lunch:</b> <i>Souvlaki Chicken with Greek Salad and Whole Wheat Pita (E, V)</i> Homemade Soup Salad/Sandwich Bar (V*)
<b>No School</b> <b>Martin Luther King Jr. Day</b> <b>21</b>	<b>Breakfast:</b> <i>Choc. Muffins, Breakfast Pizza</i> <b>22</b>  <b>Lunch:</b> <i>Cheese Ravioli with Pesto, Garlic Bread and Green Beans (E,V)</i> Homemade Soup Salad/Sandwich Bar (V*)	<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>23</b>  <b>Lunch:</b> <i>Taco Day!! (E, V*)</i> Homemade Soup Salad/Sandwich Bar (V*)	<b>Breakfast:</b> <i>Choc. Muffins, Breakfast Pizza</i> <b>24</b>  <b>Lunch:</b> <i>Bombers with Homemade Marinara, Green Beans, and Orange Wedges (E)</i> Homemade Soup Salad/Sandwich Bar (V*)	<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>25</b>  <b>Lunch:</b> <i>Chicken Pot Pie with Biscuits and Green Salad (E)</i> Homemade Soup Salad/Sandwich Bar (V*)
<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>28</b>  <b>Lunch:</b> <i>Grilled First Light Farm Cheese Sandwiches, Tomato Soup, and Orange Wedges (E, V)</i> Homemade Soup (V) Salad/Sandwich Bar (V*)	<b>Breakfast:</b> <i>Choc. Muffins, Breakfast Pizza</i> <b>29</b>  <b>Lunch:</b> <i>Chicken Fingers w/Mashed Potatoes &amp; Roasted Carrots (E)</i> Homemade Soup (V) Salad/Sandwich Bar (V*)	<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>30</b>  <b>Lunch:</b> <i>Pasta Day!! (E, V*) w/Caesar Salad</i> Homemade Soup Salad/Sandwich Bar (V*)	<b>Breakfast:</b> <i>Choc. Muffins, Breakfast Pizza</i> <b>31</b>  <b>Lunch:</b> <i>Hamburger, Cheeseburger, or Veggie Burger, Fries, Pickle, and Slaw (E, V*)</i> Homemade Soup Salad/Sandwich Bar (V*)	

**E=Main Entrée (incl. milk or water)**  
**V=Vegetarian Option**  
**V\*=Vegan Option**

**All menu items available a la carte.**  
**Available Daily:** Fruit, milk/filtered water, chips, cookies, ice cream (gr. 5-12)  
**Tues.:** Cookies (1-4 gr.)  
**Tues. & Thurs.:** French Fries (HS only)  
**Thurs.:** French Fries (gr. 5-8)  
**Fri.:** Ice cream (1-4 gr.)

