

February 2019



Message from Chef Julie

Monday	Tuesday	Wednesday	Thursday	Friday
				Breakfast: <i>Bagels, Scrambled Eggs, Bacon</i> 1 Lunch: <i>Chicken Pot Pie with Biscuits and Green Salad (E)</i> Homemade Soup (V) Salad/Sandwich Bar (V*)
Breakfast: <i>Bagels, Scrambled Eggs, Bacon</i> 4 Lunch: <i>Mac & Cheese, Broccoli, Local Apples (E, V)</i> Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: <i>Choc. Muffins, Breakfast Pizza</i> 5 Lunch: <i>Beef Stew, Green Salad, and Homemade Focaccia (V)</i> Homemade Soup (V) Salad/Sandwich Bar (V*)	Breakfast: <i>Bagels, Scrambled Eggs, Bacon</i> 6 Lunch: <i>Bi Bim Bap Mix It Up Jasmine Rice Bowl Bar!! (E, V*)</i> Homemade Soup (V) Salad/Sandwich Bar (V*)	Breakfast: <i>Choc. Muffins, Breakfast Pizza</i> 7 Lunch: <i>Breakfast for Lunch! French Toast with Bacon, Local Maple and Fruit Smoothies (E, V)</i> Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: <i>Bagels, Scrambled Eggs, Bacon</i> 8 Lunch: <i>Souvlaki Chicken with Greek Salad and Whole Wheat Pita (E, V)</i> Homemade Soup Salad/Sandwich Bar (V*)
Breakfast: <i>Bagels, Scrambled Eggs, Bacon</i> 11 Lunch: <i>Stuffed Baked Potato with Turkey Chili, Broccoli and Cheddar (E, V*)</i> Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: <i>Choc. Muffins, Breakfast Pizza</i> 12 Lunch: <i>Pizza with Caesar Salad and Orange Wedges (E, V)</i> Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: <i>Bagels, Scrambled Eggs, Bacon</i> 13 Lunch: <i>Sub Day!! (E)</i> Homemade Soup (V) Salad/Sandwich Bar (V*)	Breakfast: <i>Choc. Muffins, Breakfast Pizza</i> 14 Lunch: <i>Hamburger, Cheeseburger, or Veggie Burger, Fries, Pickle, and Slaw (E, V*)</i> Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: <i>Bagels, Scrambled Eggs, Bacon</i> 15 Lunch: <i>Fried Rice and Broccoli (E, V)</i> Homemade Soup (V) Salad/Sandwich Bar (V*)
No School Winter Break 18	No School Winter Break 19	No School Winter Break 20	No School Winter Break 21	No School Winter Break 22
Breakfast: <i>Bagels, Scrambled Eggs, Bacon</i> 25 Lunch: <i>Grilled First Light Farm Cheese Sandwiches, Tomato Soup, and Orange Wedges (E, V)</i> Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: <i>Choc. Muffins, Breakfast Pizza</i> 26 Lunch: <i>Chicken Fingers w/Mashed Potatoes & Roasted Carrots (E)</i> Homemade Soup (V) Salad/Sandwich Bar (V*)	Breakfast: <i>Bagels, Scrambled Eggs, Bacon</i> 27 Lunch: <i>Taco Day!! (E, V*)</i> Homemade Soup Salad/Sandwich Bar (V*)	Breakfast: <i>Choc. Muffins, Breakfast Pizza</i> 28 Lunch: <i>Hamburger, Cheeseburger, or Veggie Burger, Fries, Pickle, and Slaw (E, V*)</i> Homemade Soup Salad/Sandwich Bar (V*)	

STUDENTS IN THE KITCHEN!

- Did you know that our pre-Christmas Dickensian meal was planned and executed all by our high school students? Bravo!
- During Wintermission, our Equestrian Immersion group created horse treats for their four-legged friends.
- Stay tuned for a video segment under way with some of Miss Zimmerman's elementary students in the kitchen!

Follow Chef Julie on
Twitter! @jewelry_j

E=Main Entrée (incl. milk or water)
V=Vegetarian Option
V*=Vegan Option

All menu items available a la carte.
Available Daily: Fruit, milk/filtered water, chips, cookies, ice cream (gr. 5-12)
Tues.: Cookies (1-4 gr.)
Tues. & Thurs.: French Fries (HS only)
Thurs.: French Fries (gr. 5-8)
Fri.: Ice cream (1-4 gr.)