

# December 2018



## Message from Chef Julie

Charles Dickens inspired lunch menu will be available on December 18 as part of a collaboration with Miss Eddy and her students!  
Stay tuned for details.

Merry Christmas!  
Enjoy your break.

Follow Chef Julie on  
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Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast:</b> Bagels, Scrambled Eggs, Bacon <b>3</b>  <b>Lunch:</b> Mac & Cheese, Roasted Carrots, Local Apples (E, V) Homemade Soup (V) Salad/Sandwich Bar (V*)	<b>Breakfast:</b> Choc. Muffins, Breakfast Pizza <b>4</b>  <b>Lunch:</b> Italian Sausage Stew, Green Beans, Housemade Focaccia (E) Homemade Soup (V) Salad/Sandwich Bar (V*)	<b>Breakfast:</b> Bagels, Scrambled Eggs, Bacon <b>5</b>  <b>Lunch:</b> Sub Day!! (E) Homemade Soup (V) Salad/Sandwich Bar (V*)	<b>Breakfast:</b> Choc. Muffins, Breakfast Pizza <b>6</b>  <b>Lunch:</b> Chicken Fingers w/Mashed Potatoes & Roasted Carrots (E) Homemade Soup (V) Salad/Sandwich Bar (V*)	<b>Breakfast:</b> Bagels, Scrambled Eggs, Bacon <b>7</b>  <b>Lunch:</b> Pizza with Caesar Salad and Cucumber Sticks (E, V) Homemade Soup (V) Salad/Sandwich Bar (V*)
<b>Breakfast:</b> Bagels, Scrambled Eggs, Bacon <b>10</b>  <b>Lunch:</b> Stuffed Baked Potato with Turkey Chili, Broccoli and Cheddar (E, V*) Homemade Soup (V) Salad/Sandwich Bar (V*)	<b>Breakfast:</b> Choc. Muffins, Breakfast Pizza <b>11</b>  <b>Lunch:</b> Teriyaki Chicken, Cucumber Salad, Jasmine Rice (E, V*) Homemade Soup (V) Salad/Sandwich Bar (V*)	<b>Breakfast:</b> Bagels, Scrambled Eggs, Bacon <b>12</b>  <b>Lunch:</b> Taco Day!! (E, V*) Homemade Soup Salad/Sandwich Bar (V*)	<b>Breakfast:</b> Choc. Muffins, Breakfast Pizza <b>13</b>  <b>Lunch:</b> Cheese Ravioli with Pesto, Garlic Bread and Green Beans (E,V) Homemade Soup Salad/Sandwich Bar (V*)	<b>Breakfast:</b> Bagels, Scrambled Eggs, Bacon <b>14</b>  <b>Lunch:</b> Breakfast for Lunch! French Toast with Bacon, Local Maple and Fruit Smoothies (E, V) Homemade Soup Salad/Sandwich Bar (V*)
<b>Breakfast:</b> Bagels, Scrambled Eggs, Bacon <b>17</b>  <b>Lunch:</b> First Light Farms Cheese Quesadilla, Spanish Rice, Green Salad (E, V) Homemade Soup Salad/Sandwich Bar (V*)	<b>Breakfast:</b> Choc. Muffins, Breakfast Pizza <b>18</b>  <b>Lunch:</b> DICKENSIAN HOLIDAY MEAL! Details TBA.  Homemade Soup Salad/Sandwich Bar (V*)	<b>Breakfast:</b> Bagels, Scrambled Eggs, Bacon <b>19</b>  <b>Lunch:</b> Pasta Day!! (E, V*) w/Caesar Salad Homemade Soup Salad/Sandwich Bar (V*)	<b>NO SCHOOL Christmas Break</b> <b>20</b>	<b>NO SCHOOL Christmas Break</b> <b>21</b>
<b>NO SCHOOL Christmas Break</b> <b>24</b>	<b>NO SCHOOL Christmas Break</b> <b>25</b>	<b>NO SCHOOL Christmas Break</b> <b>26</b>	<b>NO SCHOOL Christmas Break</b> <b>27</b>	<b>NO SCHOOL Christmas Break</b> <b>28</b>

E=Main Entrée (incl. milk or water)  
V=Vegetarian Option  
V\*=Vegan Option

All menu items available a la carte.  
Available Daily: Fruit, milk/filtered water, chips, cookies, ice cream (gr. 5-12)  
Tues.: Cookies (1-4 gr.)  
Tues. & Thurs.: French Fries (HS only)  
Thurs.: French Fries (gr. 5-8)  
Fri.: Ice cream (1-4 gr.)