

# November 2017



Monday	Tuesday	Wednesday	Thursday	Friday
		<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>1</b> <b>Lunch:</b> <b>Guest Chef - Mark Hutchinson! See sidebar for menu. (E)</b> Homemade Soup (V) Salad/Sandwich Bar (V)	<b>Breakfast:</b> <i>Choc. Muffins, Breakfast Pizza</i> <b>2</b> <b>Lunch:</b> <b>BREAKFAST FOR LUNCH French Toast, Bacon &amp; Fruit Salad (E, V)</b> Homemade Soup (V) Salad/Sandwich Bar (V)	<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>3</b> <b>Lunch:</b> <b>Pizza, Caesar Salad &amp; Orange Wedges (E, V)</b> Homemade Soup (V) Salad/Sandwich Bar (V)
<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>6</b> <b>Lunch:</b> <b>Stuffed Baked Potato with Chili, Broccoli and Cheddar (E, V)</b> Homemade Soup (V) Salad/Sandwich Bar (V)	<b>Breakfast:</b> <i>Choc. Muffins, Breakfast Pizza</i> <b>7</b> <b>Lunch:</b> <b>Grilled Chicken, Corn on the Cob, &amp; Potato Salad (E)</b> Homemade Soup (V) Salad/Sandwich Bar (V)	<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>8</b> <b>Lunch:</b> <b>Pasta Day!! (E)</b> Homemade Soup (V) Salad/Sandwich Bar (V)	<b>Breakfast:</b> <i>Choc. Muffins, Breakfast Pizza</i> <b>9</b> <b>Lunch:</b> <b>Guest Chefs! See sidebar for menu. (E)</b> Homemade Soup (V) Salad/Sandwich Bar (V)	<b>NO SCHOOL</b> <b>10</b> <b>Veteran's Day Weekend</b>
<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>13</b> <b>Lunch:</b> <b>Cheese Ravioli with Pesto, Garlic Bread and Green Beans (E, V)</b> Homemade Soup Salad/Sandwich Bar (V)	<b>Breakfast:</b> <i>Choc. Muffins, Breakfast Pizza</i> <b>14</b> <b>Lunch:</b> <b>Souvlaki Chicken with Greek Salad and Whole Wheat Pita (E)</b> Homemade Soup Salad/Sandwich Bar (V)	<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>15</b> <b>Lunch:</b> <b>Bi Bim Bap Jasmine Rice Bowl Day!! (E, V)</b> Homemade Soup Salad/Sandwich Bar (V)	<b>Breakfast:</b> <i>Choc. Muffins, Breakfast Pizza</i> <b>16</b> <b>Lunch:</b> <b>Meatball Bombers, Roasted Carrots &amp; Apple Slices (E, V)</b> Homemade Soup (V) Salad/Sandwich Bar (V)	<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>17</b> <b>Lunch:</b> <b>Teriyaki Chicken, Cornbread, &amp; Cucumber Salad (E)</b> Homemade Soup (V) Salad/Sandwich Bar (V)
<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>20</b> <b>Lunch:</b> <b>First Light Farms Cheese Quesadilla, Green Salad &amp; Spanish Rice (E, V)</b> Homemade Soup (V) Salad/Sandwich Bar (V)	<b>Breakfast:</b> <i>Choc. Muffins, Breakfast Pizza</i> <b>21</b> <b>Lunch:</b> <b>Chicken Fingers w/ Mashed Potatoes &amp; Roasted Carrots (E)</b> Homemade Soup (V) Salad/Sandwich Bar (V)	<b>NO SCHOOL</b> <b>22</b> <b>Thanksgiving Break</b>	<b>NO SCHOOL</b> <b>23</b> <b>Thanksgiving Break</b>	<b>NO SCHOOL</b> <b>24</b> <b>Thanksgiving Break</b>
<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>27</b> <b>Lunch:</b> <b>Macaroni and Cheese with Broccoli and Orange Wedges (E, V)</b> Homemade Soup (V) Salad/Sandwich Bar (V)	<b>Breakfast:</b> <i>Choc. Muffins, Breakfast Pizza</i> <b>28</b> <b>Lunch:</b> <b>Italian Sausage Stew, Green Beans &amp; Focaccia Bread (E)</b> Homemade Soup (V) Salad/Sandwich Bar (V)	<b>Breakfast:</b> <i>Bagels, Scrambled Eggs, Bacon</i> <b>29</b> <b>Lunch:</b> <b>Sub Day!! (E)</b> Homemade Soup (V) Salad/Sandwich Bar (V)	<b>Breakfast:</b> <i>Choc. Muffins, Breakfast Pizza</i> <b>30</b> <b>Lunch:</b> <b>BREAKFAST FOR LUNCH French Toast, Bacon &amp; Fruit Salad (E, V)</b> Homemade Soup Salad/Sandwich Bar (V)	

## Message from Chef Julie

Follow Chef Julie on Twitter! @jewely\_j

New local partner! Vertical Fresh is an indoor farming venture providing us with sunflower shoots for our salad bar!

### GUEST CHEFS!

Wed., Nov. 1 - Mark Hutchinson! *Enjoy maple glazed Canadian pea meal bacon, scalloped potatoes, glazed carrots, and a snickerdoodle!*

Thurs., Nov. 9 - American History Culinary Justice BBQ! Held by Miss Batt's junior class. *Enjoy a local beef brisket BBQ with all the fixings!*

E=Main Entrée (incl. milk or water)  
V=Vegetarian Option

**All menu items available a la carte.**  
**Available Daily:** Fruit, milk/filtered water, chips, cookies, ice cream (gr. 5-12)  
**Tues.:** Cookies (1-4 gr.)  
**Tues. & Thurs.:** French Fries (HS only)  
**Thurs.:** French Fries (gr. 5-8)  
**Fri.:** Ice cream (1-4 gr.)