

March 2017



Message from Chef Julie

In observance of the Lenten season there will be no meat offered on Ash Wednesday and each Friday through Easter.

Follow Chef Julie on
Twitter! @jewely_j



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|--|
| | | Breakfast: Bagels, Scrambled Eggs, Bacon 1 Lunch: Pasta Bar w/ Caesar Salad, Garlic Bread and Orange Wedges! (E, V) Homemade Soup Salad/Sandwich Bar (V) | Breakfast: Choc. Muffins, Breakfast Pizza 2 Lunch: Sloppy Joes w/Roasted Sweet Potatoes and Oranges Wedges (E) Homemade Soup (V) Salad/Sandwich Bar (V) | Breakfast: Bagels, Scrambled Eggs 3 Lunch: Fish Sandwich w/Coleslaw and French Fries (E,V) Homemade Soup (V) Salad/Sandwich Bar (V) |
| Breakfast: Bagels, Scrambled Eggs, Bacon 6 Lunch: Grilled First Light Farm Cheese Sandwich w/Homemade Tomato Soup and Apple (E, V) Homemade Soup Salad/Sandwich Bar (V) | Breakfast: Choc. Muffins, Breakfast Pizza 7 Lunch: Breakfast for Lunch! French Toast with Bacon, Local Maple and Fruit Salad (E, V) Homemade Soup Salad/Sandwich Bar (V) | Breakfast: Bagels, Scrambled Eggs, Bacon 8 Lunch: Sub Bar!! (E) Homemade Soup Salad/Sandwich Bar (V) | Breakfast: Choc. Muffins, Breakfast Pizza 9 Lunch: Blended Hamburger, Cheeseburger or Veggie Burger w/ French Fries and Coleslaw (E) Homemade Soup (V) Salad/Sandwich Bar (V) | No School Staff Development Day 10 |
| Breakfast: Bagels, Scrambled Eggs, Bacon 13 Lunch: Stuffed Baked Potato with Chili, Broccoli and Cheddar (E, V) Homemade Soup (V) Salad/Sandwich Bar (V) | Breakfast: Choc. Muffins, Breakfast Pizza 14 Lunch: Pizza with Caesar Salad and Orange Wedges (E, V) Homemade Soup Salad/Sandwich Bar (V) | Breakfast: Bagels, Scrambled Eggs, Bacon 15 Lunch: Taco Bar!! (E) Homemade Soup Salad/Sandwich Bar (V) | Breakfast: Choc. Muffins, Breakfast Pizza 16 Lunch: Souvlaki Chicken with Greek Salad and Whole Wheat Pita (E) Homemade Soup (V) Salad/Sandwich Bar (V) | Breakfast: Bagels, Scrambled Eggs 17 Lunch: Fish Sandwich w/Coleslaw and French Fries (E,V) Homemade Soup (V) Salad/Sandwich Bar (V) |
| Breakfast: Bagels, Scrambled Eggs, Bacon 20 Lunch: Macaroni and Cheese with Broccoli and Orange Wedges (E, V) Homemade Soup Salad/Sandwich Bar (V) | Breakfast: Choc. Muffins, Breakfast Pizza 21 Lunch: Chicken Fingers, Roasted Carrots, and Mashed Potatoes (E) Homemade Soup (V) Salad/Sandwich Bar (V) | Breakfast: Bagels, Scrambled Eggs, Bacon 22 Lunch: Bi Bim Bap Mix It Up Jasmine Rice Bowl Bar!! (E, V) Homemade Soup Salad/Sandwich Bar | Breakfast: Choc. Muffins, Breakfast Pizza 23 Lunch: Italian Sausage Stew with Homemade Focaccia and Green Salad (E) Homemade Soup (V) Salad/Sandwich Bar (V) | Breakfast: Bagels, Scrambled Eggs 24 Lunch: Fish Sandwich w/Coleslaw and French Fries (E,V) Homemade Soup (V) Salad/Sandwich Bar (V) |
| Breakfast: Bagels, Scrambled Eggs, Bacon 27 Lunch: Grilled First Light Farm Cheese Sandwich w/Homemade Tomato Soup and Apple (E, V) Homemade Soup Salad/Sandwich Bar (V) | Breakfast: Choc. Muffins, Breakfast Pizza 28 Lunch: Enchilada Casserole with Green Salad and Orange Wedges (E) Homemade Soup Salad/Sandwich Bar (V) | Breakfast: Bagels, Scrambled Eggs, Bacon 29 Lunch: Pasta Bar w/ Caesar Salad, Garlic Bread and Orange Wedges! (E, V) Homemade Soup Salad/Sandwich Bar (V) | Breakfast: Choc. Muffins, Breakfast Pizza 30 Lunch: Sloppy Joes w/Roasted Sweet Potatoes and Oranges Wedges (E) Homemade Soup (V) Salad/Sandwich Bar (V) | Breakfast: Bagels, Scrambled Eggs 31 Lunch: Fish Sandwich w/Coleslaw and French Fries (E,V) Homemade Soup (V) Salad/Sandwich Bar (V) |

E=Main Entrée (incl. milk or water)
V=Vegetarian Option

All menu items available a la carte.
Available Daily: Fruit, milk/filtered water, chips, cookies, ice cream (gr. 5-12)
Tues.: Cookies (1-4 gr.)
Tues. & Thurs.: French Fries (HS only)
Thurs.: French Fries (gr. 5-8)
Fri.: Ice cream (1-4 gr.)