

January 2018



Message from Chef Julie

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|--|
| NO SCHOOL Christmas Break 1 | NO SCHOOL Christmas Break 2 | Breakfast: <i>Bagels, Scrambled Eggs, Bacon</i> 3 Lunch: Sub Day!! (E) Homemade Soup (V) Salad/Sandwich Bar (V) | Breakfast: <i>Choc. Muffins, Breakfast Pizza</i> 4 Lunch: Pizza, Caesar Salad & Orange Wedges (E, V) Homemade Soup Salad/Sandwich Bar (V) | Breakfast: <i>Bagels, Scrambled Eggs, Bacon</i> 5 Lunch: Enchilada Casserole w/ Spanish Rice, Beans, and Green Salad (E, V) Homemade Soup (V) Salad/Sandwich Bar (V) |
| Breakfast: <i>Bagels, Scrambled Eggs, Bacon</i> 8 Lunch: Stuffed Baked Potato with Chili, Broccoli and Cheddar (E, V) Homemade Soup (V) Salad/Sandwich Bar (V) | Breakfast: <i>Choc. Muffins, Breakfast Pizza</i> 9 Lunch: Chicken Pot Pie with Green Salad (E) Homemade Soup Salad/Sandwich Bar (V) | Breakfast: <i>Bagels, Scrambled Eggs, Bacon</i> 10 Lunch: Taco Day!! (E) Homemade Soup Salad/Sandwich Bar (V) | Breakfast: <i>Choc. Muffins, Breakfast Pizza</i> 11 Lunch: Souvlaki Chicken with Greek Salad and Whole Wheat Pita (E) Homemade Soup (V) Salad/Sandwich Bar (V) | Breakfast: <i>Bagels, Scrambled Eggs, Bacon</i> 12 Lunch: Macaroni and Cheese with Broccoli and Orange Wedges (E, V) Homemade Soup (V) Salad/Sandwich Bar (V) |
| NO SCHOOL Martin Luther King, Jr. Day 15 | Breakfast: <i>Choc. Muffins, Breakfast Pizza</i> 16 Lunch: Chicken Fingers w/ Mashed Potatoes & Roasted Carrots (E) Homemade Soup Salad/Sandwich Bar (V) | Breakfast: <i>Bagels, Scrambled Eggs, Bacon</i> 17 Lunch: Pasta Day!! (E) Homemade Soup Salad/Sandwich Bar (V) | Breakfast: <i>Choc. Muffins, Breakfast Pizza</i> 18 Lunch: Hamburger, Cheeseburger or Vegetarian Burger w/French Fries and Slaw (E, V) Homemade Soup (V) Salad/Sandwich Bar (V) | Breakfast: <i>Bagels, Scrambled Eggs, Bacon</i> 19 Lunch: Calzones with Green Salad and Orange Wedges (E, V) Homemade Soup (V) Salad/Sandwich Bar (V) |
| Breakfast: <i>Bagels, Scrambled Eggs, Bacon</i> 22 Lunch: Cheese Ravioli with Pesto, Garlic Bread and Green Beans (E,V) Homemade Soup Salad/Sandwich Bar (V) | Breakfast: <i>Choc. Muffins, Breakfast Pizza</i> 23 Lunch: Italian Sausage Stew, Green Beans & Focaccia Bread (E) Homemade Soup (V) Salad/Sandwich Bar (V) | Breakfast: <i>Bagels, Scrambled Eggs, Bacon</i> 24 Lunch: Bi Bim Bap Jasmine Rice Bowl Day!! (E, V) Homemade Soup Salad/Sandwich Bar (V) | Breakfast: <i>Choc. Muffins, Breakfast Pizza</i> 25 Lunch: Pizza, Caesar Salad & Orange Wedges (E, V) Homemade Soup Salad/Sandwich Bar (V) | Breakfast: <i>Bagels, Scrambled Eggs, Bacon</i> 26 Lunch: BREAKFAST FOR LUNCH French Toast, Bacon & Fruit Salad (E, V) Homemade Soup (V) Salad/Sandwich Bar (V) |
| Breakfast: <i>Bagels, Scrambled Eggs, Bacon</i> 29 Lunch: First Light Farms Grilled Cheese, Tomato Soup, and Apple Slices (E, V) Homemade Soup Salad/Sandwich Bar (V) | Breakfast: <i>Choc. Muffins, Breakfast Pizza</i> 30 Lunch: Souvlaki Chicken with Greek Salad and Whole Wheat Pita (E) Homemade Soup (V) Salad/Sandwich Bar (V) | Breakfast: <i>Bagels, Scrambled Eggs, Bacon</i> 31 Lunch: Sub Day!! (E) Homemade Soup (V) Salad/Sandwich Bar (V) | | |

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Happy New Year!!



E=Main Entrée (incl. milk or water)
V=Vegetarian Option

All menu items available a la carte.
Available Daily: Fruit, milk/filtered water, chips, cookies, ice cream (gr. 5-12)
Tues.: Cookies (1-4 gr.)
Tues. & Thurs.: French Fries (HS only)
Thurs.: French Fries (gr. 5-8)
Fri.: Ice cream (1-4 gr.)